



Policy Uptake Consultation for School Mental Health

Date: Friday 28th July 2023
Time: 10:00am – 3:15pm IST
Venue: NIMHANS (in person)
Cost: Free of charge

Agenda

10:00am–10:30am

Orientation to the event

- Welcome of dignitaries & Lighting of Lamp.
- Context setting by Dr Janardhana by giving brief orientation to SAMA progress.
- Screening of SAMA documentary prepared by students.

10:30am–10:35am

Screening of stakeholder (teacher) film

10:35am–11:05am

Group discussion

- School Mental Health Policies and Ground Realities.
- Discussion about the concerns raised in the film.

11:05am–11:15am

Tea break

- Participants can write their opinions/queries/feedbacks anonymously about the policies on flip charts for the expert panel to answer/notice.

11:15am–12:15pm

Expert panel opinion form diverse background

- Presentation by the groups to the expert panel.
- Expert panels will be answering to the questions put forth by the group.
- Discussion on additional questions.

12:15pm–1:00pm

Narration of lived experiences by lay counsellors

- Demonstration of evidence through the narration of positive experiences of the SAMA Lay Counsellors.

1:00pm–1:30pm

Lunch break

1:30pm–2:00pm

Screening of movie on youth

- Discussion among the participants following the movie screening on importance of incorporating youth's voice in decision-making.

2:00pm–2:45pm

Discussion led by youth advisory board members

- YAB members will be talking about their concerns related to youth voice.
- Looking for potential solutions to move forward together.

2:45pm–3:00pm

Summarizing the event takeaway by SAMA team

- Member of SAMA team will talk about important key points and conclude the event.

3:00–3:15pm

End of event with high tea